

Dear Muhlenberg College Student and Family,

The health and counseling services staff warmly welcomes you to our college. Our offices offer a variety of services to help you maintain optimal health as you progress through your college career. Please feel free to contact us directly with any questions you may have.

Muhlenberg College Health and Counseling Services use an electronic health record, PyraMed Health. You must submit health forms through the PyraMed Health Portal by July 1 (fall entry) or January 5 (spring entry).

To access the PyraMed Health Portal:

- First, access the Muhlenberg College <u>Application Portal</u> (<u>muhlenberg-college.onelogin.com</u>)
- Enter your Muhlenberg user name and password (supplied by Informational Technology)
- Click on the tile/icon for PyraMed Health Portal

Please contact the Office of Student Health Services if you have any concerns about this.

In preparation for your arrival on campus, please read important information on the Muhlenberg website (www.muhlenberg.edu/healthforms) about:

- Prematriculation Immunization Requirements
- Meningococcal Disease and Immunization
- Notice of Privacy Practices
- Student FAQ

Required Health Forms

Complete <u>all six forms</u> on "My Forms" tab in the Health Portal and upload required records (Immunization Record, Physical Exam Record, Insurance Card) within the corresponding form.

1. "Immunization History"

- Using your Immunization Record from your health care provider, enter the dates of your Immunizations on this form.
- Within the Immunization Form, you will be required to upload an image of your official immunization record on health care provider letterhead or the <u>Immunization Record</u> signed by your health care provider.

2. "Medical History"

- On this form you will answer questions about your medical history, Including medical conditions, allergies, hospitalizations, surgeries, and your family history.
- Within this form, you will be required to upload an image of your Physical Exam.
 - o Print the <u>Physical Exam Form</u> from the health forms website for your medical provider to complete. (<u>www.muhlenberg.edu/healthforms</u>)
 - All students must have a physical exam within 12 months of the first day of class.

 Varsity athletes - Per the NCAA Medical Handbook: A physical exam is required within 6 months prior to the start of fall practice.

3. "Health Insurance"

- Complete the Health Insurance Form on the Health Portal. You may need to call the customer service number for your insurance in order to answer some questions about coverage in the Allentown area.
 - Upload copies of health insurance and prescription cards (front and back sides)
 when prompted within the Health Insurance Form.
- Students are responsible for the cost of services not provided by Muhlenberg Health and Counseling Services, such as radiology and laboratory services and any outside health care provider evaluations and/or counseling.
- The College requires that all students have primary health insurance coverage. Students must maintain current insurance information with health services. They, with help from their parent/guardian, should also understand their insurance plan coverage (e.g. referral information, laboratory information, in-network providers within Allentown area, etc.).
- The College does provide a limited accident insurance policy for all full-time traditional students, which is secondary to the student's primary health insurance coverage and does not provide any coverage for illnesses. Contact the Office of Health Services as soon as an injury occurs for information on this.
- 4. "Consent for Treatment, Notice of Privacy Practices, & Communication Preferences"
- 5. "Emergency Contacts"

Please be certain that all health form information is completed by July 1 (for fall entry) or Jan 5 (for spring entry). You will be notified by "Messages" on the PyraMed Health Portal regarding any incomplete information. If you cannot complete your forms by the deadline, notify Health Services. IN ORDER TO MOVE-IN TO YOUR RESIDENCE HALL, ALL HEALTH FORMS (Including required documentation) MUST BE COMPLETE.

Process for requesting accommodations, auxiliary aids and services for students with disabilities.

- Students with documented disabilities who request accommodations, auxiliary aids and services are encouraged to identify their needs to the Office of Disability Services as soon as possible after their decision to attend Muhlenberg has been finalized. For any questions, please call the Office of Disability Services (484-664-3825) or refer to their website (www.muhlenberg.edu/offices/disabilities).
- Special Housing/Special Dining Services Requests must be submitted to the Office of Disability Services along with the supporting documentation by the deadlines listed on the forms. Please consult the Office of Disability Services for specific information about the process and required documentation. Documentation of a disability does not guarantee that an application will be approved. Students with the most severe needs will be given first priority in securing special housing if the need/disability significantly impacts their ability to perform activities of daily living.

Please contact Health Services 484-664-3199 or Counseling Services 484-664-3178 should you have any questions or concerns. Welcome to Muhlenberg, we wish you success, happiness and good health!

Sincerely,

Brynnmarie Dorsey, MSN, CRNP

Brynnmain Dorsey, CRNP

Executive Director, Health & Counseling Services

Associate Dean, Community Health